

# CONFESSING OUR FAITH

## westminster larger catechism

**Q 175. What is the duty of Christians, after they have received the sacrament of the Lord's Supper?**

**A** The duty of Christians, after they have received the sacrament of the Lord's Supper, is seriously to consider how they have behaved themselves therein, and with what success;<sup>1</sup> if they find quickening and comfort, to bless God for it,<sup>2</sup> beg the continuance of it,<sup>3</sup> watch against relapses,<sup>4</sup> fulfill their vows,<sup>5</sup> and encourage themselves to a frequent attendance on that ordinance:<sup>6</sup> but if they find no present benefit, more exactly to review their preparation to, and carriage at, the sacrament;<sup>7</sup> in both which, if they can approve themselves to God and their own consciences, they are to wait for the fruit of it in due time:<sup>8</sup> but, if they see they have failed in either, they are to be humbled,<sup>9</sup> and to attend upon it afterwards with more care and diligence.<sup>10</sup>

1. Ps. 28:7; Ps. 85:8; 1 Cor. 11:17, 30–31. 2. 2 Chron. 30:21–23, 25–26; Acts 2:42, 46–47. 3. Ps. 36:10; Song 3:4; 1 Chron. 29:18. 4. 1 Cor. 10:3–5, 12. 5. Ps. 50:14. 6. 1 Cor. 11:25–26; Acts 2:42, 46. 7. Eccl. 5:1–6; Ps. 139:23–24. 8. Ps. 123:1–2; Ps. 42:5, 8; Ps. 43:3–5. 9. 2 Chron. 30:18–19. 10. 2 Cor. 7:11; 1 Chron. 15:12–14.

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